



Start near the
Leaning Tree

Cooper Spur Mountain Resort Mountain Bike Trails

Mountain Bike Checklist:

The trails of Cooper Spur Mountain Resort (CSMR) are generally rated green (easy) in relation to other mountain bike trails in the vicinity. You may encounter rough, variable, uneven and loose terrain which is demanding on both the bike and body. Trail map is for reference only. Expect unmarked obstacles and hazards. Before riding always inspect your equipment or have it checked by a qualified bike mechanic.

- Endure your helmet is in good shape and properly adjusted
- Inspect your bike frame for cracks and damaged or dented areas.
- Ensure your brakes are adjusted properly to stop your bike while descending.
- Front and rear axles should be tight.
- Headset and stem must be secure with no looseness or play.
- Check that your tires are in good condition, with no tears or cuts in the sidewall.
- Handle bar and handle grips must be tight and unable to spin. Seat and seat post need to be fastened securely.

Mountain Bikers Responsibility Code

- Stay in control at all times. It is your responsibility to avoid other persons and objects around you.
- Do not stop where you obstruct a trail or are not visible from above.
- When entering a trail or starting downhill, you must look uphill and yield to other riders.
- Please assist if you are involved in or witness a collision or accident and identify yourself to a CSMR employee.
- Keep off closed areas and obey all signs and warnings.
- Stay on marked trails. Do not cut switchbacks.
- Stay off trails if your ability is impaired through the use of drugs or alcohol.
- Always yield to hikers and uphill bike traffic.
- Dogs must be leashed and under control at all times. Please pick up after your pet.
- Do not feed, provoke or approach wildlife.